



# 5 STEPPING STONES TO CONNECTION

Seek to achieve a 2-way conversation with your horse by looking at the world from his viewpoint

**Intention - Attention - Protection - Cooperation - Connection**

## **Without Intention:**

Your horse doesn't understand you  
*because*  
You are scattered and not focused



**Intention**



**Attention**

## **Without Attention:**

Your horse doesn't feel safe  
*because*  
You are not listening and watching



**Protection**

## **Without Protection:**

Your horse can't trust you  
*because*  
You don't have his back



**Cooperation**

## **Without Cooperation:**

Your horse won't give his all  
*because*  
You are not working as a herd member



**Connection**

## **WITH Connection:**

Everything is possible  
*because*  
You have given your horse his voice and  
are working together as a true herd

Find out more at [TeddieZieglerHorsemanship.com](http://TeddieZieglerHorsemanship.com)

